

# Caregiver Connection

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Welcome to the Caregiver Connection Ezine, your source for the most current information about caregiving events, conferences, and issues that are important to you.



There are many events going on this summer, so please keep reading and make sure to check online for even more activities around New Jersey.

Please consult our website for more information: [www.njcaregivers.org](http://www.njcaregivers.org).

## Quick Links

- Caregivers of New Jersey
- The Family Support Center of New Jersey
- The Family Resource Network

**Register Now for the National Caregivers Conference!**



## Technology: The Future of Caregiving

Tuesday, October 26, 2010  
Renaissance Woodbridge Hotel - New Jersey

**Keynote Speaker**  
John F. Crowley, J.D., M.B.A.  
Chairman and CEO of Amicus Therapeutics

Father of the family that inspired the movie, "Extraordinary Measures"

Early registration incentives, respite available, exhibits, workshops, inspirational speakers and more.

To register online or for more information please visit [www.nationalcaregiversconference.org](http://www.nationalcaregiversconference.org)  
or call (800) 372-6510.

## Bergen County Caregiver Conference

Do you provide care for a loved one or neighbor?  
Find out about services, supports and other helpful information.

### Caregivers Conference

Saturday, October 2, 2010  
8:30am

The Renaissance Meadowlands Hotel  
801 Rutherford Avenue, Rutherford, NJ

For more information or if you have special needs and require accommodations,  
please call Keisha McLean at 201-336-7468.

## Updated Medicare information from the MedicareRightsCenter

Starting June 1, two new Medicare supplemental plan (Medigap) options-[M](#) and [N](#)-became available, and four plans-E, H, I and J-are no longer sold, although Medicare consumers who already have any of these four plans will be able to keep them.

Further, all [Medigaps](#) sold on or after June 1 also include a hospice benefit. Two benefits-at-home recovery and preventive medical care-are no longer included in plans sold after June 1. Consumers who currently have plans that include these benefits, however, will retain them.

The MedicareRightsCenter has developed new guidance to help consumers and professionals understand these and other recent changes to Medigaps. For answers, visit Medicare Interactive:

[What insurance can I buy to fill gaps in Original Medicare?](#)

[How will the new Medigap plans M and N work?](#)

Also be sure to check out this handy Medigap plan chart:

[Benefits for each Medigap plan](#)

## Support for Caregivers in Health Care Reform

The Middle Class Task Force developed a new Caregiver Initiative in the FY 2011 Budget to address the needs of the estimated 65 million Americans that provide unpaid care to seniors or people with disabilities. The historic health care legislation signed by the President will complement and enhance the Task Force's Initiative. [Click here to take a quick look](#) at the ways in which health reform will help family caregivers and their loved ones.

## 2010 Family Caregiver Survey Results from Caregiving.com

Caregiving.com provides solutions to situations in a family caregiver's life, while also sharing insights, information and inspirations so that family caregivers discover the meaning in their journeys.

In 2010, Denise M. Brown organized a survey surrounding the demographics of caregivers, caregiver health and amount of support being received, to name a few. Click below to read the entire result for the 2010 survey.

### 2010 Family Caregiver Survey Results

: <http://www.caregiving.com/2010/06/2010-family-caregiver-survey-results/>

## Caregiving Events Calendar

In each issue of the Caregiver Connection, Caregivers of New Jersey likes to provide you with a few highlighted special events and workshops that are being held across the state. Since we couldn't possibly write about each and every event, we have created the Caregiving Events Calendar. This is an interactive, online calendar that allows agencies and professionals to post their events while also giving caregivers access to all that is going on around the state on a month-to-month basis.

We invite all groups hosting events to post the details on our public calendar, and we encourage all caregivers to check out the listings to find informative and supportive events in your area.

[Click here to view the Caregiving Events Calendar.](#)

## Grief Support Groups Forming for Widows and Widowers

A 10 week summer series with lectures, discussions and small group workshops begins this week in Atlantic, Burlington, Camden, Cape May, Gloucester and Mercer Counties. H.O.P.E (Helping Other People Evolve) is a nonprofit, non-sectarian support and information program for recently widowed men and women.

For more information, please visit [www.hopesnj.org](http://www.hopesnj.org) or call 856-234-2200 or toll free at 888-920-2201.

## New: Caregiver County Coalition Corner!

It has been a mission of Caregivers of NJ to provide assistance to family caregivers by helping each county in NJ develop a coalition of professionals, nonprofit agencies and caregivers. Through these coalitions, resources will be more readily available, awareness about caregivers and their daily struggles will be spread, and business and nonprofit groups can network and assist one another.

Currently, there are several active coalitions in Morris, Bergen, and Union Counties. Sussex County is in the formative stages of developing one as well. In this section of Caregiver Connection, we will be highlighting the events, meetings and advances of these coalitions.

### **Next Month's Caregiver Coalition Meetings:**

**Morris County** - 2nd Wednesday of the month, 9:30am to 11:00am at the Ukrainian American Cultural Center (62 North Jefferson Road, Whippany, NJ). [For more information, click here.](#) Or contact Lori Rubin at United Way of Morris County at 973-993-1160, ext. 139

**Bergen County** - 3rd Wednesday of the month, 1:30pm, Bergen Regional Medical Center Auditorium, 230 East Ridgewood Avenue, Paramus. For more information, please email Linda Cross, [LCross@co.bergen.nj.us](mailto:LCross@co.bergen.nj.us).

**Union County** - For information about the Union County Coalition on Family Caregivers, please contact Kevin McClarren at [km@homecareassistance.com](mailto:km@homecareassistance.com). 3rd Wednesday of the month.

***If you are interested in starting a coalition in your county, please contact us at 732-262-8020 or by replying to this email.***

## Caregivers of New Jersey is Social Networking, Are You?



Click here to become a fan of Caregivers of New Jersey on Facebook. Stay up to date on activities and network with other caregivers and professionals around NJ. And click here to follow us on Twitter too!



Thank you for reading Caregiver Connection! If you have any information you would like included in our e-zine, or know of anyone that would like to be added to our listserv, please email me at [dgoldberg@njcaregivers.org](mailto:dgoldberg@njcaregivers.org) or click the "Join Our Mailing List" button on the top right side of the newsletter.

Additionally, CNJ is dedicated to spreading awareness and knowledge of caregiving, so we invite you to utilize the "Forward Email" button at the bottom of this email.

Sincerely,

Dana Goldberg, Administrator  
Caregivers of New Jersey

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