

Caregiver Connection

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Welcome to the Caregiver Connection Ezine, your source for the most current information about caregiving events, conferences, and issues that are important to you.



There are many events going on this summer, so please keep reading and make sure to check online for even more activities around New Jersey.

Please consult our website for more information: www.njcaregivers.org.

Quick Links

- Caregivers of New Jersey
- [The Family Support Center of New Jersey](#)
- [The Family Resource Network](#)

Senior Citizens Picnic in Paramus!

The Annual Senior Citizens Picnic will be taken place on Tuesday, September 14th at 9am at the Van Saun County Park in Paramus, New Jersey. This special day will include lunch, music, craft fairs and informational booths for those 60 years of age and older. For more information please contact Keisha McLean at (201) 336-7468.

"Eldercare.. Planning, Not Reacting" Event

Are you Overwhelmed and Under-Informed?

Thursday, October 14th, 2010
6:45pm - 8:30pm
The Chatham Public Library
The Lundt Meeting Room
214 Main Street
Chatham, NJ 07928

This complimentary event will focus on the importance of life-care planning between you and your loved ones. Light refreshments will be provided. For more information, visit www.familycaregivingcoalition.org.

RSVP: By October 8th by calling 1-800-247-9580

Caregiver "Clay Date"

Caregiving through Creative Expression such as scrapbooking, writing poetry and creating collages are some examples in which ways the caregiver and the one they're caring for can help interact with each other and others. The event Caregivers/Care Recipient "Clay Date" will take place on Saturday, July 31st from 10AM-12PM at the Art Center of Northern New Jersey (250 Center St., Milford, NJ). Participation is \$3 per person. RSVP at (201) 336-7427.

Bergen County Caregiver Conference

Do you provide care for a loved one or neighbor?
Find out about services, supports and other helpful information.

Caregivers Conference

Saturday, October 2, 2010
8:30am

The Renaissance Meadowlands Hotel
801 Rutherford Avenue, Rutherford, NJ

For more information or if you have special needs and require accommodations,
please call Keisha McLean at 201-336-7468.

Register Now for the National Caregivers Conference!



Technology: The Future of Caregiving

Tuesday, October 26, 2010
Renaissance Woodbridge Hotel - New Jersey

Keynote Speaker
John F. Crowley, J.D., M.B.A.
Chairman and CEO of Amicus Therapeutics
Father of the family that inspired the movie, "Extraordinary Measures"

Early registration incentives, respite available, exhibits, workshops, inspirational speakers and more.

To register online or for more information please visit www.nationalcaregiversconference.org
or call (800) 372-6510.

"Preparing a Living Will" Hosted by Hunderdon Medical Center and the Clinton Book Shop

Hunterdon Medical Center and the Clinton Book shop will be hosting an event, "Preparing a living will" on Thursday, August 20th from 6:30PM-7:30PM. This event will be held at the Clinton Book Shop in Clinton, New Jersey. By creating a living will, your family will be saved from making the most difficult decision for you.

To attend this free event, please register by calling the Clinton Book Shop at 908-735-8811.

From Ocean County To Family Caregivers: "We're not so into You."

After several years of meetings and presentations to various county governmental units, committees and task forces in Ocean County by Caregivers of New Jersey, word has come that none will join in an effort to help to create an Ocean County Caregivers Coalition.

So what's the big deal?

According to Census data, Ocean County boasts the largest number of seniors in the state. It also has the second highest concentration of persons with disabilities. So it probably has the largest number of family caregivers.

Then why isn't a family caregiver coalition a slam dunk? Because of turf issues.

It appears that the self-appointed county doorkeepers, primarily in the senior area, are of the opinion that there is no need currently unmet, nor collaboration unrealized for caregivers in Ocean County.

CNJ, which is located in Ocean County, will now seek out organizations and individuals willing to look at the broader needs of caregivers in the county and will staff the coalition itself.

Let us know if you are interested in helping out. Please call 732-262-8020 or email dgoldberg@njcaregivers.org.

Family Leave Insurance Gets High Marks on First Anniversary

July 5, 2010

New Jersey Policy Perspective

Monday Minute

The dynamics of work and family have changed drastically in the past 50 years. In today's shaky economic climate, it's not unusual for working parents to juggle one or more jobs to make ends meet, leaving less time for family caregiving responsibilities.

New Jersey has worked to strengthen state policies for working families and became a leader among states by implementing Family Leave Insurance last year. Signed into law by former Gov. Jon Corzine, Family Leave Insurance gives workers up to six weeks of paid benefits to care for sick family members or to bond with newborn and newly-adopted children. New Jersey is only the second state (after California) to offer this type of paid leave.

By all accounts FLI is a hugely successful program. While some business groups initially opposed the idea as an unfair burden, especially on smaller businesses, most employers now recognize that it has not been the nightmare forecast by some.

To see statistics of usage and to read the full article, [please click here](#).

Health Care Reform and Family Caregivers

Family Caregiver Alliance - Policy Brief

President Obama made history when he signed health care reform legislation into law on March 23, 2010. The new law, which will expand health insurance coverage to nearly every citizen, is packed with provisions that will impact all Americans. Many of those provisions are especially good for family caregivers. For example, the new law:

- Expands home and community-based services through Medicaid, allowing more people to receive care at home rather than going into a nursing home
- Provides training for family caregivers and home care workers
- Expands coverage for care coordination and transitional care services
- Establishes a new, voluntary long-term services and support insurance program (CLASS Act)

Read here for more details on how health care reform impacts family caregivers: [Health Care Reform and Family Caregivers](#).

And follow [this link](#) for more resources.

Caregiving Events Calendar

In each issue of the Caregiver Connection, Caregivers of New Jersey likes to provide you with a few highlighted special events and workshops that are being held across the state. Since we couldn't possibly write about each and every event, we have created the Caregiving Events Calendar. This is an interactive, online calendar that allows agencies and professionals to post their events while also giving caregivers access to all that is going on around the state on a month-to-month basis.

We invite all groups hosting events to post the details on our public calendar, and we encourage all caregivers to check out the listings to find informative and supportive events in your area.

[Click here to view the Caregiving Events Calendar.](#)

Caregivers of New Jersey is Social Networking, Are You?



[Click here to become a fan of Caregivers of New Jersey on Facebook.](#)

Stay up to date on activities and network with other caregivers and professionals around NJ. And [click here to follow us on Twitter too!](#)



Thank you for reading Caregiver Connection! If you have any information you would like included in our e-zine, or know of anyone that would like to be added to our listserv, please email me at dgoldberg@njcaregivers.org or click the "Join Our Mailing List" button on the top right side of the newsletter.

Additionally, CNJ is dedicated to spreading awareness and knowledge of caregiving, so we invite you to utilize the "Forward Email" button at the bottom of this email.

Sincerely,

Dana Goldberg, Administrator
Caregivers of New Jersey

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